

Merry Christmas

From The Bethany House Program

DID YOU KNOW?

- 160,000 kids per day skip school for fear of being bullied.
- 30% of youth admit to bullying.
- 1 in 3 students is bullied in school.
- 70% have witnessed bullying.

Tis not the Season for Bullying

The Holiday Season is traditionally a time of family, friends, love, joy, sharing and good tidings. We celebrate this time of year with gifts and goodwill as many honor and celebrate the birth of Christ Jesus.

Other religions participate in their own holiday traditions. Regardless of our spiritual beliefs, this time of year often brings out the very best in people as they seek ways to bless others.

Sadly, for many reasons, it can bring out the worse in others.

Bullying isn't something that happens only during the holidays, not by any means, but for many kids, stress at



Kristy and Jaydalin

home, during the season, and ongoing tormenting by peers at school or online makes this time of year less than fun; **for some, all year is a time of pain and heartache.**

The Bethany House Program has many families that continue to use our services in the midst of life's trials and tribulations. The children of the moms we have served over the years frequently end up receiving our support and services for a variety of reasons.

Gaining confidence in the middle of bullying has become one such reason.

BEATING THE BULLIES

Kristy's daughter, Jaydalin is an 11 year old, born while her mom participated in our first service phase.

She has been a recipient of bullying. Bethany House and Beth Rhinehart have come along side this

girl and her family *to find creative ways to beat the bullies in a healthy manner.* Jaydalin loves Karate as her channel for gaining confidence. Bethany House is funding her lessons and attending her classes, offering encouragement and support.

The changes in Jaydalin are already obvious. She no longer hangs her head. She will now look people in the eye without glaring as much. She smiles more. And she thinks she might even branch out into other sports next year!

Continued from back page.



Bethany House Around Town & The Internet

The Bethany House Program is creating an expanded online presence, allowing new people to discover the program some of you have supported for three decades!

We have made it easier than ever to give to our program, allowing us to serve women and children in comprehensive and creative ways. We've connected once again with Gresham's wonderful

Chamber of Commerce as we gear up to expand our services yet again, moving closer to an exciting, new service phase.

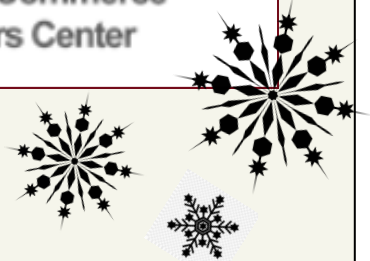
Our website provides a summary and links to all our giving options. Please visit to learn more!

www.bethanyhousenet.org/giving_money.php



Please visit us on Facebook. We'd be thrilled if you share our page and 'like' us as well!

<https://www.facebook.com/Bethany-House-201883746521268/>



The Summer 2018 Reunion

This August, for the first time in a number of years, the Bethany House Program hosted a picnic reunion for the women, children, and their families. Former staff and volunteers were also in attendance. Our first ever client joined us with her now, adult son, his wife, and their toddler...**this is what we mean by touching two lives generations and beyond!** So many of our women continue to lean on Bethany House for support, counseling, guidance, and to meet emergency needs. Beth frequently schedules time for lunches or coffee just to provide what many programs would call "aftercare services." **We call it family.** Anyone who has received help from our program remains part of a unique, highly diverse, completely loved and always welcomed family member. Bethany House is a rock and a resource these families can count on to be there for them through thick and thin, through the challenging times and the times worth celebrating.

Right now, one of our ladies works for the State of Oregon, another is finishing up her nursing education, another has found the strength to leave a domestic violence situation, another has found love and marriage. Life happens, and with our help, our clients learn to navigate life with improved skills and confidence, growing and developing in their parenting, personal living skills, relationships, educations, and careers.

At the reunion, women and their children sat down for impromptu, taped interviews. Nothing fancy, but simply casual conversations about how the Bethany House Program has impacted their lives and continues to do so.

We hope you will take some time to visit our **Facebook Page**, listed above, and watch some of these interviews. Then, if you have time, visit our website and read the past stories/testimonies of some of these same women. Their stories and our older newsletters will demonstrate just how much our clients grow and change, and how their children have improved life opportunities thanks to their moms' commitment and the help, hope, and healing they received and embraced from our program.



A Photo Collage from our Reunion



If you plan to purchase gifts or anything from Amazon this Holiday Season, don't forget to place your order through AmazonSmile and select Bethany House to receive a small percentage from the cost of your purchase!



Here are three simple steps to help!

- 1) Visit Smile.Amazon.com
- 2) Follow prompting to choose **Bethany House, Inc.** (Please note there are several Bethany House options, please select the one from Gresham Oregon!)
- 3) AmazonSmile will donate 0.5% of the purchase price to your selected charitable organization.

Please feel free to contact us with any questions: call 503-667-8409.

Donations are tax deductible! Don't Forget our Online Giving Options



Bethany House donation & pledge form

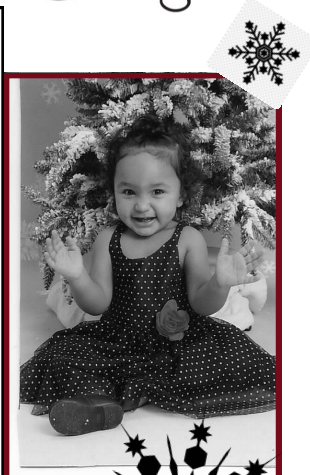
Name _____ Address _____
 City, State, _____ Zip code _____
 Telephone _____ E-Mail _____

Pledge information

\$200.00 a month \$100.00 a month \$75.00 a month \$40.00 a month \$15.00 a month

\$ _____ each month for the women at Bethany House and infants.
 \$ _____ a one-time gift for the women at Bethany House and infants.

I (we) plan to make this contribution in the form of:
 Cash Check Credit Card other:
 Discover American Express MasterCard Visa
 Credit card number _____
 Expiration Date _____
 Authorized signature _____



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*Touching Two Lives at a Time and
Generations Beyond with God's Love.*



Tis Not the Season for Bullies



When you look at this precious baby, the last thing you think about is her growing up and experiencing the horrors that happen because of a bully's cruel taunts, emotional attacks, and perhaps even threats of physical violence.

Jaydalin was born during our first phase, over eleven years ago, to Kristy.

She was an adorable and

happy baby who grew into a just as adorable "tween."

Sadly, lately, her smile had faded, her gaze was downcast, and her head often lowered.

All symptoms of the bullying she had endured from her peers.

Thankfully, this family understood there were solutions and mom reached out to the program that had helped her through the years: Bethany House.



Baby Jaydalin



Story is continued inside.

