



Bethany House Spring News

Spring 2021 is upon us. In fact, it feels more like summer with our recent days of sunshine. It also appears we are finally moving forward, shedding our masks, and re-entering the world.

Unfortunately, a number of the women and children we serve did not through the year unscathed. Along with COVID came an influx of women caught in domestic violence situations seeking services. These women and their children, some women pregnant as well, reached out to us, struggling to find resources and support for themselves and their little ones in the midst of a pandemic.

Add loss of income for these families, along with the increased violence, and the women were left reeling, struggling to escape danger without the necessary funds. We have been honored to help these wounded warriors, and warriors they are, find healing and hope while embracing fresh starts.



Escape from Domestic Violence: One Woman's Story

"When I found out I was pregnant, I knew I would not get through it alone. So, I worked on renewing my relationship with Christ. I had to move out of my apartment because my roommates were using drugs.

My boyfriend was abusive, and I did not want myself or my child in that environment. He said he would find me, so I am not giving my name or my child's name.

I moved into another apartment but lost my job and could not afford to pay for it. I heard there were homes out there for expectant mothers, and since I did not have family that could take me in, I knew that was a possible option for my child and me. I heard about Bethany House from my friends and decided to give them a call. I was looking for a Christian home that would help me in my relationship with Christ, and Bethany House was the best I found.

Beth placed me quickly into a Sponsor Family and was welcomed into the family. When I arrived, there were flowers and a card on my dresser. After seeing the flowers and reading the card I was convinced this was the place I was supposed to be.

I got back into doing devotions and studies with my S/F since we could not attend church. I had a lot of issues so everyday there was firm but loving guidance. I have become a more mature adult and am stronger, making good choices for my child and myself. My daughter was born on January 3rd. With all I have learned from Beth and my Sponsor Family I know I will be a good mother. I thank God everyday for bringing me to Bethany House and giving me a second chance.

I have made lifelong friends and will never forget these special people. Thank You! I now have a job and an apartment and my future looks great."

A Bethany House Program Face of Success



Many of the women we've served stay in contact long after receiving that initial help, some even become lifetime friends and ultimately supporters of our program. Mrea, one of those women, has embraced family life and a career in the medical field, where she can give back to the community. She is currently completing her Physician Associate's program. Her candid update reads like a letter of gratitude, and demonstrates just how much women can achieve with the right support and dedication to reach their dreams.

"Bethany House laid the groundwork for my success, and I thank you for all your support in times of need (I'm not just talking about monetary needs, but also emotional, a true friendship.) I feel that you helped me at such a pivotal point in my life, a fork in the road that has lead down a path to greatness. From the bottom of my heart, thank you. I love you."

Since 2020 and COVID, my strength and belief in myself have felt as though they've been on the chopping block numerous times. It felt as though the universe was testing my dedication to service, when giving up and running away would've been much easier than persisting and pushing through the hardships.

The pandemic has brought mental health struggles to my children and my husband has had to rearrange life and stop working to watch the kids, so I can push on and fulfill my dream. I will always push on, to show my children it's better to struggle and succeed than to give up and live with regrets that you didn't even try. To top it all off, my Physician Associate program in Washington decided to close. Now my family has to move south to Arizona, so I can finish my education and graduate from an accredited university.

During all this chaos, I learned and watched many wonderful things unfold. I am thankful the bond of siblings has grown stronger. I am thankful my three-year-old mama's boy has grown closer to his father. I am thankful I was able to be transferred to a new university. I am thankful for the connections I have made with new friends who share the same morals and values as me. I am thankful my family will stay together during this unexpected move. My path in life is always full of challenges and winding roads that make me a better person. A person who will be able to relate to the needy and downtrodden people I look to serve. My future patients will know I care about them because I have walked a mile in their shoes, and I am thankful for the holes in my shoes, earned on that walk.



Thank you so much for your support and partnering with us to help save women and children from situations like domestic violence, homelessness, addiction, and poverty. Our two featured stories demonstrate what a powerful impact your giving has on our program and the women and children we serve.

As you can probably imagine, since 2020, fundraising has been particularly difficult. We need your help to continue and grow our life-saving, life-changing program. Join us as we help women and their children find new, safer, and healthier paths to a better tomorrow

TO DONATE Please make checks to Bethany House PO Box 3278, Gresham, OR 97030 * Multiple Online Giving options at: www.bethanyhousenet.org. Call: 503.667.8409 or Fax: 503.667.9929 PLEASE NOTE: WE WILL BE LIMITING OUR NEWSLETTER TO JUST TWICE A YEAR IN ORDER TO SAVE MONEY.**